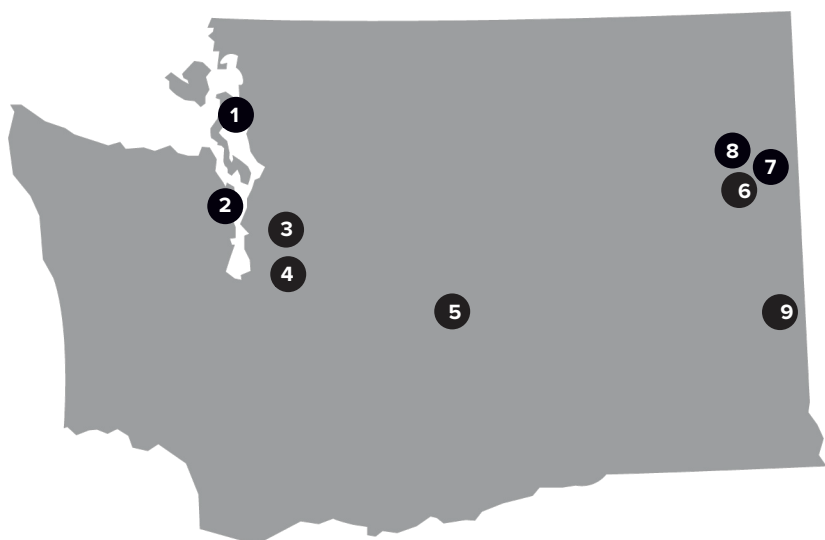


# Collegiate Recovery Support Program (CRSP)

The goal of collegiate recovery support is to offer students in recovery the opportunities that higher education offers through

- creating a **welcoming environment**,
- providing **recovery support services**, and
- promoting **successful academic performance**.

Offering annual seed grant funds to colleges and universities is part of the CRSP project. The purpose of the seed grants is to develop and sustain collegiate recovery supports statewide that are effective and student-centered. Each CRSP campus community is uniquely focused on the needs of their student population. Students in recovery can successfully complete their academic career at one college or even transfer between colleges and still maintain access to recovery supports.



## Collegiate Recovery Seed Grant Campuses

### 1 Skagit Valley College

Contact: Jon Krause  
Email: [Jon.Krause@skagit.edu](mailto:Jon.Krause@skagit.edu)  
Website: [Community Integration](http://CommunityIntegration.org)  
Mt. Vernon & Oak Harbor, WA  
Navigator re-entry prog. & general student population

### 2 Olympic College

Contact - Josh Lane, Ed S, LMHC  
Email: [JLane@olympic.edu](mailto:JLane@olympic.edu)  
Website: [Wellbeing & Health Promotion](http://Wellbeing&HealthPromotion.org)  
Bremerton, WA  
Navigator re-entry prog. & general student population

### 3 Renton Technical College

Contact: Veronica Escalante  
Email: [vescalante@rtc.edu](mailto:vescalante@rtc.edu)  
Website: [Wellbriety Center](http://WellbrietyCenter.org)  
Renton, WA  
Navigator re-entry prog. & general student population

### 4 Green River College

Contact: Kelsey Barrans, MA  
Email: [kbarrans@greenriver.edu](mailto:kbarrans@greenriver.edu)  
Website: [Center for Transformational Wellness](http://CenterforTransformationalWellness.org)  
Auburn and Kent, WA  
General student population

### 5 Central Washington University

Contact: Arryn Welty  
Email: [Arryn.Welty@cwu.edu](mailto:Arryn.Welty@cwu.edu)  
Website: [Wildcat Wellness: Recovery](http://WildcatWellnessRecovery.org)  
Ellensburg, WA  
General student population

### 8 Eastern Washington University

Contact: Tricia Hughes  
Email: [thughes11@ewu.edu](mailto:thughes11@ewu.edu)  
Website: [Eagles for Recovery](http://EaglesforRecovery.org)  
Cheney, WA  
General student population

### 7 Gonzaga University

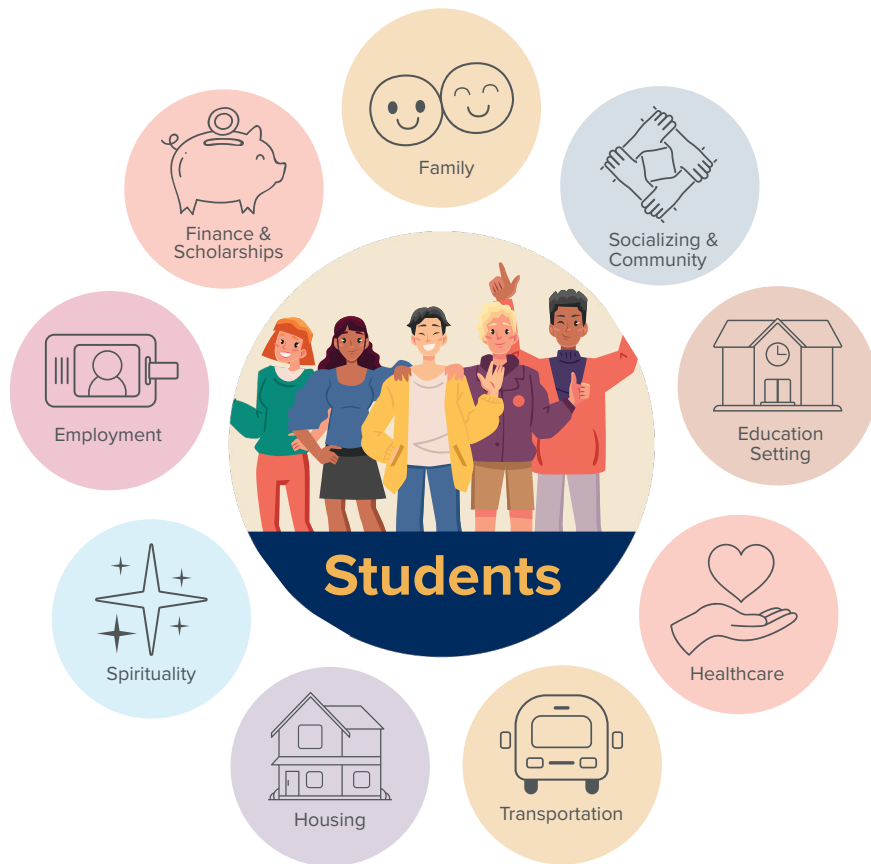
Contact: Kimberly Stanfield, MSHCA  
Email: [recovery@gonzaga.edu](mailto:recovery@gonzaga.edu)  
Website: [OUR House](http://OURHouse.org)  
Spokane, WA  
General student population

### 8 Spokane Community College

Contact: Becca Alvarez  
Email: [Becca.Alvarez@scc.spokane.edu](mailto:Becca.Alvarez@scc.spokane.edu)  
Websites: [Student Resources](http://StudentResources.org)  
[New Visions Student Group](http://NewVisionsStudentGroup.org)  
Spokane, WA  
Navigator re-entry prog. & general student population

### 9 Washington State University

Contact: El Nazarov  
Email: [elizabeth.nazarov@wsu.edu](mailto:elizabeth.nazarov@wsu.edu)  
Website: [Cougs for Recovery](http://CougsforRecovery.org)  
Pullman, WA  
General student population



**WASHINGTON STATE**  
UNIVERSITY

Beginning in 2020, the Washington State Health Care Authority (HCA) awarded Washington State University Pullman the contract to implement the CRSP. State policy. State legislation as well as the HCA funding provided the impetus for much-needed expansion of collegiate recovery supports at institutions of higher education across the State of Washington.

**Collegiate recovery support services** is a college or university-provided, supportive environment within the campus community that reinforces the decision individuals make to engage in a lifestyle of recovery from substance use. It is designed to provide an educational opportunity alongside recovery support to ensure students do not have to sacrifice one for the other.

### Foundational Pillars of Collegiate Recovery

- **Health:** Learning to overcome, manage, or more successfully live with symptoms and making healthy choices that support one's physical and emotional wellbeing.
- **Purpose:** Meaningful daily activities, such as a job, volunteer work, or creative endeavors; increased ability to lead a self-directed life; and meaningful engagement in society.
- **Community:** Relationships and social networks that provide support, friendship, love, hope, and engagement in the broader community.
- **Academics:** Progress toward successful academic and professional pursuits, which supports one's ability to lead a self-directed life, physical and emotional wellbeing, and meaningful engagement in society.

### Contact information:

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**CRSP Contract Number:** K6375

*Washington State University, Pullman*

<https://cougarhealth.wsu.edu/medical-services/harm-reduction-and-recovery-services/collegiate-recovery-support-program/>